

**WORLD HEALTH
ORGANIZATION**



**ORGANISATION MONDIALE
DE LA SANTÉ**

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CHANGING LIFESTYLES AND HEALTH

Technical Discussions

Attached is a supplementary table giving an overview of the prevalence and other data on noncommunicable ("lifestyle") diseases for males in the WHO Western Pacific Region.

NONCOMMUNICABLE ("LIFESTYLE") DISEASES IN THE WESTERN PACIFIC REGION OF WHO

MALES

(except where otherwise specified)

The data most often refer to males of 35-64 years.

Where there are two figures separated by a slash e.g. 20/10, the first figure is from an urban sample/the second from a rural sample.

See other explanatory footnotes and clarifications overpage.

Country code name	Life expectancy (years)	Three top causes of death	Deaths from cardiovascular causes (as % of all deaths)	% Obese [% overweight]	Average BMI (weight/height ²)	Smoking prevalence (%)	Hypertension (%)	Diabetes prevalence (%)	Average cholesterol (mmol/l)
AMS	51.7 (M+F)	CVD, CAN, CBV							
AUS	73.1	CVD, CBV, CAN	44.7	7.5 [43]	25.7	36	25.1	White 2.3 Aborig. 16.7	5.8
BRU	70.1	CAN, CVD, CBV							
CHN	67.0	INF, CAN, CBV			23.4	61	24.6		4.1
COK	64	CVD, RES, CAN	27.4	[56.7 ⁺]		38	9.8	5.5 [*]	
CAM	42	CHOLtc							
FIJ	61	CVD CAN INF			Ind. 22.8/21.5 Mel. 25.8/25.5	Ind. 52 Mel. 76	Ind. 9.9/7.2 Mel. 8.6/3.5	Ind. 14.1/12.7 Mel. 4.8/1.7	
FRP	65.2	CVD, CAN, INJ	24.1			50	15.7	1.8	
GUM	69.5	CVD, CAN, CBV				40(M+F)			
HOK	74.4	CAN, CVD, CBV				33			
JAP	75.5	CAN, CVD, CBV				66	19 ⁺	0.6	
KIR	50.6	INF, CBV, LIV		[52.8/24.4 ⁺]		85		8.1/3.6	
LAO	44.6								
MAC	76.7	CVD, CAN, CBV							
MAA	69.0	CVD, INF, INJ	28.6	[11.5 ^{**}](M+F)		41	14.4(M+F)		
MSI	65.7 (M+F)	CVD, DM, INF						32/17	
MIC	-	RES, CVD, CAN							
NAU	-	CVD, INJ, SEN		[84.7 ⁺]		53		24.6 [*]	
NEC	64.9	CVD, CAN, RES		[46.5/9.8 ⁺]		58			
NEZ	71.3	CVD, CAN, CBV	30.0 [#]	10[40]	25.7	34	20.1	3(M+F)	5.7
NIU	-			[39.4 ⁺]		58		5.3	
NMI	47	INJ, CVD, CAN							
PAU	60 (M+F)	UNK, CVD, RES							
PNG	49.6 (M+F)	INF (including meningitis and TB), INJ, MAL		[18.0/1.9 ⁺]		85		15.6/8.9/0 [@]	
PHL	62.2	INF, CVD, TB	21			78	18.5 ⁺		
KOR	66.9	CVD, CAN, INJ	34			69	6.5	3.5 (M+F)	
SMA	63	INF, CVD, CBV		[48.6/28.1 ⁺]		66		7.0/2.7	
SIN	71.7	CVD, CAN, CBV	35			35		Ind. 28.8 Mal. 20.5 Chn. 9.2	
SOL	60 (M+F)	RES, MAL, INF	15				Mel. 3.6(M+F) Mic. 5.8(M+F)	Mel. 1.5(M+F) Mic. 7.9(M+F)	
TOK	-	RES, CVD, CAN							
TON	63 (M+F)	CVD, INF, CBV		[37.6 ⁺]		62			
TUV	57	RES, INF, CVD		[24.4/21.7 ⁺]		51			
VAN	61.1	RES/INF, CAN, TB	12		25.9/22.6	54/77	6.3/2.2	2.1/1.0	5.3/4.9
VTN	62	TB, MAL, INF	15			38	1.9-8(M+F)		
WAF	-			[36.0 ⁺]				1.4 [*]	

- * >20 years
- ** >18 years
- + 40-59 years
- ++ BMI 27

(M+F) average total (males and females)

@ highlands of PNG

higher among Maori

- CAN - malignant neoplasms
- CHOL - cholera
- CBV - cerebrovascular diseases
- CVD - diseases of heart, cardiovascular system, circulatory system
- DM - diabetes mellitus
- INF - "certain conditions originating in the perinatal period"
- INJ - injuries, accidents and suicides
- LIV - liver diseases
- MAL - malaria
- RES - respiratory diseases
- SEN - senility
- TB - tuberculosis
- UNK - not known

The above information is collated from a variety of sources, including some country reports. Life expectancy and the three leading causes of death are all taken from the Western Pacific Region Data Bank on Socioeconomic and Health Indicators, 1990. WPRO/WHO would be most grateful for further (or more up-to-date) information allowing us to fill the gaps.