

**WORLD HEALTH
ORGANIZATION**



**ORGANISATION MONDIALE
DE LA SANTÉ**

**REGIONAL OFFICE FOR THE WESTERN PACIFIC
BUREAU RÉGIONAL DU PACIFIQUE OCCIDENTAL**

REGIONAL COMMITTEE

WPR/RC42/Technical Discussions/2 Add.2

**Forty-second session
Omiya, Japan
10-16 September 1991**

13 September 1991

ORIGINAL: ENGLISH

CHANGING LIFESTYLES AND HEALTH

Technical Discussions

Attached is a supplementary table giving an overview of the prevalence and other data on noncommunicable ("lifestyle") diseases for females in the WHO Western Pacific Region.

NONCOMMUNICABLE (LIFESTYLE") DISEASES IN THE WESTER. PACIFIC REGION OF WHO
FEMALES

(except where otherwise specified)

The data most often refer to females of 35-64 years.

Where there are two figures separated by a slash e.g. 20/10, the first figure is from an urban sample/the second from a rural sample.

See other explanatory footnotes and clarifications overpage.

Country code name	Life expectancy (years)	Three top causes of death (as in list for males)	Deaths from cardiovascular causes (as % of all deaths)	% Obese [% overweight]	Average BMI (weight/height ²)	Smoking prevalence (%)	Hypertension (%)	Diabetes prevalence (%)	Average cholesterol (mmol/l)	
AMS	51.7 (M+F)									
AUS	79.5		40.3	9.2 [35]	24.7	22.5	19.1	White Urban aborig.	2.1 14.6	5.8
BRU	72.7									
CHN	71.0				24.5		19		21.5	4.3
COK	70			[78.6]	19					8.0*
CAM	45									
FUJ	76.4				Ind. 23.9/23.5 Mel. 27.9/26.3	Ind. 13 Mel. 44	Ind. 9.2/3.9 Mel. 9.2/7.1	Ind. Mel.	12.3/3.9 8.2/1.7	
FRP	74.6					46	6.7		1	
GUM	-					40 (M+F)				
HOK	79.9					4				
JAP	81.3					14	14.5 ⁺			
KIR	54.6			[70.2/41.5 ⁺⁺]		70			7.4/3.6	
LAO	47.5									
MAC	81.4									
MAA	71.9					4				
MSI	65.7 (M+F)									
MIC	-		10-50***	[40-80]						
NAU	-			[92.8 ⁺⁺]		59			23.9*	
NEC	71.4			[69.8/36.9 ⁺⁺]		22				
NEZ	77.4		25#	10[25]	24.5	27.4	18.1			5.8
NIU	-			[69.4 ⁺⁺]		17			9.1*	
NMI	52									
PAU	60 (M+F)									
PNG	49.6 (M+F)			[23.5/14.2 ⁺⁺]		80			0@	
PHL	65.9						10.5 ⁺			
KOR	74.9					7				
SMA	65			[78.9/60.8 ⁺⁺]		22				
SIN	76.3					3		Ind. Mal. Chn.	10.9 13.5 7.1	
SOL	60 (M+F)			[20]						1.5/1.4**
TOK	-									
TON	63 (M+F)			[38.8 ⁺⁺]		38				
TUV	60			[24.2/22.4 ⁺⁺]		31				
VAN	59.3				27.9/22.9	5	4.2/2.6		2.6/0.5	5.0/4.6
VTN	66									
WAF	-			[77 ⁺⁺]					3.5*	

- * > 20 years
- ** > 18 years
- *** 15-19 years just under 10%, 40-49 years just over 50%
- + 40-59 years
- ++ BMI 25

(M+F) average total (males and females)

@ highlands of PNG

higher among Maori

- CAN - malignant neoplasms
- CHOL - cholera
- CBV - cerebrovascular diseases
- CVD - diseases of heart, cardiovascular system, circulatory system
- DM - diabetes mellitus
- INF - "certain conditions originating in the perinatal period"
- INJ - injuries, accidents and suicides
- LIV - liver diseases
- MAL - malaria
- RES - respiratory diseases
- SEN - senility
- TB - tuberculosis
- UNK - not known

The above information is collated from a variety of sources, including some country reports. Life expectancy and the three leading causes of death are all taken from the Western Pacific Region Data Bank on Socioeconomic and Health Indicators, 1990. WPRO/WHO would be most grateful for further (or more up-to-date) information allowing us to fill the gaps.